

Bulletin 1/2

- **Organiser and the names of the event director and controller(s)**

Ligue d'Aquitaine de Course d'Orientation (Aquitaine Regional Orienteering Federation)

Event Director: Francis GARROS, President of the Ligue d'Aquitaine

I.O.F event adviser: Michel DEVRIEUX

- **Address and telephone/fax number/e-mail address/web page for information**

Ligue d'Aquitaine de Course d'Orientation

Maison des Sports d'Aquitaine

119 boulevard Wilson

33200 BORDEAUX

France

Tel: +33 5 57 22 42 13

Fax: +33 5 57 22 42 14

e-mail: ligueaquitaine.courseorientation@wanadoo.fr

Web page: <http://perso.orange.fr/laco>

- **Venue**

Event centre at Carcans-Maubuisson (33) in the "Salle de l'Estran" (in front of the "Office du Tourisme")

- **Dates and types of the competitions**

During the "5 days in France" international competition

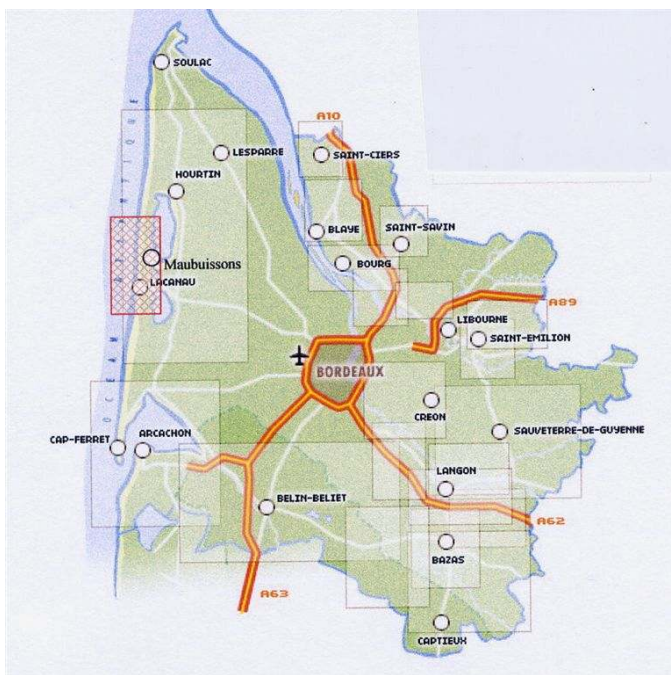
10 July: long distance (20 kilometers from the event centre)

11 July: long distance (15 kilometers from the event centre)

- **Classes**

M 21E and W 21E

- **General map of the region**



- **Embargoed areas**

The embargoed areas are the forest of Lacanau Ocean, north and south.

- **Official entry form**

The entry form can be downloaded from the web site of the Ligue d'Aquitaine

- **Latest date and address for entries**

Latest date: 1st June

Address: Ligue Aquitaine de Course d'Orientation / W.R.E

Maison des Sports d'Aquitaine

119 Boulevard Wilson

33200 BORDEAUX

- **Entry fees for competitors**

14 € per day for the World Ranking Event

70 € for the "5 days in France"

- **Latest date and details for payment of entry fees**

Latest date: 1st June 2007

Details for payment:

<p><u>Relevé d'identité bancaire /</u> <u>Bank account identification</u></p> <p>IBAN : FR76 2004 1010 0102 6606 1R02 280</p> <p>BIC : PSSTFRPPBOR</p> <p>N° : 20041 01001 0266061R022 80</p> <p>Domiciliation / Address :</p> <p>LA BANQUE POSTALE CENTRE DE BORDEAUX 33900 BORDEAUX CEDEX 9 France</p>
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- **Types and cost of accommodation and food**

The event centre and the competitions will take place in a busy tourist area where there are many different types of accommodation.

Please consult the web sites of the Office du Tourisme of Carcans, Lacanau or Hourtin

www.carcans-maubuisson.com

www.lacanau.com

www.hourtin-medoc.com

- **Transport**

The organiser does not offer transport but can give relevant addresses.

- **Entry permits (visas)**

Consult the French embassy in your country.

The Ligue d'Aquitaine can send invitations if required.

- **Description of terrain**

Maritime pine forest on sand dunes with small and steep relief.

- **Scale and vertical contour intervals of the maps**

Scale: 1/15000

Contour intervals: 2.5 m

- **Event programme**

Reception: 7th and 8th July, from 9am to 12am and from 2pm to 8pm at the "Salle Polyvalente" (gymnasium) in Carcans.

Then from 9th to 13th July, at the event centre in Maubuisson from 6pm to 8pm.

And every day, during the competition from 7am to 3pm, in the event area.

9th July : training

10th July : WRE 1 in Lacanau

11th July : WRE 2 in Lacanau

- **Competition clothing**

Legs and arms should be covered. Be careful of ticks.

- **Winning times**

Men: 70 minutes

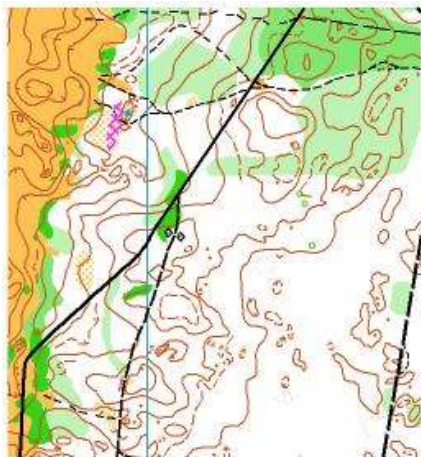
Women: 55 minutes

- **Opportunities for training**

Training is possible on 7th and 8th July on a map situated in Carcans Maubuisson. The terrain is the same as for the competitions. Scale 1/10000, contour intervals 2.5 m.

Training is also possible from 3pm onwards on 9th July, on the map of the first day of the "5 days in France" in Carcans Plage.

- **A recent sample map showing the type of terrain**



- **Previous map(s) of the embargoed areas**

Copies of previous maps can be obtained from the Ligue d'Aquitaine.

Please send an e-mail to ligueaquitaine.courseorientation@wanadoo.fr